Deer Park High School
Strength and Conditioning (C)



## Summer Training Program (STP) - Deer Park Junior High - Incoming 7th Grade - 2025

Camp Start Date: May 20, 2025 Start Time: 7:30 AM

Camp End Date: July 17, 2025 End Time: 9:30 AM

Date Details: For complete camp information and dates, www.dpisd.org > Click on Departments >

Athletics > Summer Training Program (STP) Brochures

Venue Name: DPJH

Venue Address: 410 E. Ninth Street, Deer Park, TX 77536

Camp Cost: \$120.00

Questions: Troy Ramsey pramsey@dpisd.org (832) 668 - 7243

## **Special Notes:**

This session of STP is for INCOMING DEER PARK JUNIOR HIGH ATHLETES (incoming 7th graders). Each session will consist of a 2-hour workout geared towards providing young athletes with a foundation in the world of speed, strength, agility, balance, and proper moving technique. This session will also incorporate sport specific training from their sport coaches. STP is voluntary and does not guarantee a position or place on a team. Refunds will not be granted for failure to attend. CAMP DATES: June 2-5, June 9-12, June 16-19, June 23-26, July 7-10, July 14-17

## Medical Info:

I hereby authorize the directors of the Deer Park Summer Training Program to act for me in accordance with their judgment in any emergency requiring medical attention. I further waive and release Deer Park ISD, the coaches, workers, or anyone associated with Deer Park Athletics from liability for any damages from injuries and or illnesses sustained at the Deer Park Summer Training Program. I know of no mental or physical conditions that might affect my child's ability to participate. I understand that my child's Skyward account will reflect any outstanding balance which may hinder their eligibility for registration for the upcoming school year.